

Washington Massage

NEWS



Wash. Chapter, American Association Masseurs & Masseuses

Editor Ruth Williams

February, 1957

Kennewick, Wash.

PRESIDENTS MESSAGE

After reading the January issue of the Washington Massage News, it struck me that we are sadly in need of more material, more writers with a variety of material and thought. If it were not for Ruth Williams, Milton Neidfelt, and myself, the pages would be blank, who would get bored, reading our stuff, all the while? Our members will get in the habit of tossing the Washington Massage News in the waste basket, with the comment "same old stuff".

We want to surprise them now and then, with something new. Dr. Jennie Cotner, can write, lets have something from her, about her new school, regular curriculum, or something on Post Graduate, etc. Pete Eitreim has proven that he can wield a mighty pen. Lets hear from you Pete, choose your subject. Seems we should have some case histories from members and how each member made use of their techniques, etc. This little paper is for the profession and their use, not for display in your office waiting room. The new lay pamphlet is for the customers use.

Fraternally
John A Murray R.M.

ELIXIR SU PREME

Into a large beaker of unselfishness, put 6 parts of work, 4 parts of courage, 3 parts of faith, 2 parts of loyalty, 2 parts of kindness, 1 part of patience, 1 part of play, and 5 parts of rest.

Add a half tumbler of good humor, a jigger of fun, and a dash of folly.

Stir well, garnish with smiles and a sprig of laughter.

Partake liberally throughout the year, and a Happy and Prosperous 1957 will be yours!

Dear Ruth,

Our Seattle A.A.M.M. Chapter had their regular meeting Saturday night and it was decided to hold the next one March 16th. The usual procedure is to meet at 7:00 pm for a (Self service) dinner in private dining room, followed by business meeting which starts at 8:00 pm sharp.

At 9:00pm time is reserved for demonstrations. Meetings are held at Mannings Restaurant, 319 Union St., Seattle, Washington.

We would like to have this put in the next Massuer so anyone wishing to know time and place of next meeting will be informed in plenty of time to plan for it.

Thanks,
Mrs Arthur Mann, Sec. Tres.
Seattle Chapter A.A.M.M.

SEATTLE NEWS

The Seattle local chapter held their January 5th 1957 meeting at Manings Coffee Shoppe, near Third and Union Avenues, at 7:00P.M. The usual "stand-by's" were present.

The matter of a Massage Bill for the legislature was the important phase of the meeting. After the reading of letters from different members, and a short discussion followed by a written report by Arthur Dunbar of the legislative committee, that their decision was to pass up the legislative program at this time, Arthur Dunbar had two suggestions to offer in lieu of the Massage bill. One that we should spend some money with a good lobbyist, to be on the look out for any thing that might come up in the legislature, that may be a detriment to the massage profession, stating that he was in touch with such a man, and that it would not take too much money. Two, that we endeavor to build a substantial fund, for use in the help of any of our membership, who may get into trouble in practice, through no fault of his or her own.

The "number one", was passed and left to the judgement of the legislative committee, the "number two" was taken to consideration.

We had a short talk by Mr. Wm Knies of Eugene, Oregon, following the adjournment. At the close of the meeting Arthur "Ann asked for attention and produced the certificate for the state masseur of the year, in its final completion, signature and all. He held it up for display, then presented it to me, with the well wishes of the entire membership.

I am truly thankful to the Washington state members for their confidence, in selecting me, their State Masseur of the Year, 1956.

When I look around me, and see and learn what other masseurs and masseuses have done, and are doing, for the good of suffering humanity, I have a feeling of inadequacy, and a feeling that your choice was not well made. Two technicians in our membership comes to my mind in outstanding achievement at this moment.

Arthur Dunbar, was selected two years ago, but was unable to attend the national, but in my book, Arthur is an outstanding example of what a masseur of the year should be. He is a grand fellow, and in spite of his handicap with the loss of sight, can and does, put many of us to shame, with his ability as a masseur. Arthur is employed by one of Seattles leading cardiologists, the Crystal Health Center is managed by the Doctors sister. Arthur has many of the Doctors patients, needless to say, his work is satisfactory or he wouldn't be long on the payroll.

Blossom Guntley is another member who is often seen, but seldom heard. She says the reason she keeps quiet is because, she isn't learning anything when she is doing the talking. Blossom specializes in home calls, which is work in anybodys language, I did it for a year and a half in Calif. where the climate is nice, but to buck the wind, rain, cold and snow, lug your portable table, do a massage treatment, perspire and leave in the cold, is another story. I know of some of her work, She saved her mothers life and prolonged it several years, from a bowel obstruction, when the Doctors advised surgery as the only remedy. She saved her brother from surgery in a gall bladder condition over four years ago. She has gotten a stroke victim out of bed, and on his feet in a year and a half of persistent work, and encouragement. She has cases from one of Port Townsends leading physicians and surgeons. She has all the post surgery cases of one of Seattles leading bone and tendon specialists that are from that part of the olympic penninsula. She is very modest in her claims as to any special ability. I would put she and Regina Williams, way out in front of anyone I have ever had for massageing ability, they both have about the same techniques and routines. Regina is also a very successful professional woman.

When you get to know Blossom Guntley you find ger a good conversationalist, witty, and a love for teasing. As a technician, she is always

giving her best, she even goes beyond the call of duty, and splits kindling wood for an elderly lady patient who lives alone. A grand little lady is Blossom Guntley, and a masseuse of the year in anybody's book. So it is with extreme humbleness that I again thank all you Washington members, for my title, Washington State Masseuse of the Year.

Fraternally
John A. Murray R.M.

OREGON NEWS

By C.A. Tyler

Ever try making a report on something that never happened? That seems to be just what I'm trying to do, report on something about our chapter that hasn't taken place. How can there be much to report on since the last meeting we held was Sept 9th last year? At a scheduled meeting to be held Nov. last only two members reported, myself and Mary Altman. Hence there wasn't anything done, hence nothing to report.

What this chapter needs is to get some new blood into its veins, to replace the worn out and don't give a darn attitude of some members. or those who always have have something more important to do on meeting days rather than to attend a meeting that might and could do them some good; one way or the other.

With the coming of the new year, I wonder how many new years resolutions have been broken? I, for one, never make any, hence I never break any, but if I did, there'd be a dozen gone already.

The next big headache for everyone is the coming Income Tax Returns; and doubly so for Oregonians, for we have a second income tax to account for, since we have no Sales Tax. (Better start and dig deep brother)

With coming Legislature now in session, it occurs to me that something could and should be done to offset any inroads to further hamper the profession of the masseur or masseuse. It's so easy to tack on an amendment to some legislative bill, that if all of us aren't watching out what's going on in Salem, we might all be wondering what hit us.

One of the biggest problems which confronts each chapter in the A.A.M.M. is the task of finding employment for the newly graduates that our schools of massage are turning out yearly. A clinic of some sort should be fostered whereas the state chapter could offer for the newly graduate (if he or she chose) an opportunity to work under "older heads" of that chapter, getting in some good down to earth practice from all types of patients, at a fee small enough to encourage the general public to come in for a massage or general treatment for anything in our line, and in doing so we could educate the general public what they can expect from massage, and also give a small living wage to the graduate and pay for the maintenance of the operations, rent, etc. Anyway it's food for thought!

With increasing taxes, high costs of living, higher prices for equipment and materials, this writer has seen fit to raise his price on single treatment a paltry 50 cents, and have been wondering why he hadn't done it long ago. Seems to me one yet has made a kick, yet that small sum at the end of each month could easily pay for a lot of small bills which otherwise would have to come out of the regular income. I feel if we can't make the wages John L. Lewis pays his coal miners, we'd all better quit.

If and when this chapter feels that they want a meeting, please contact your Vice President of that desire and she in turn can make arrangements, furnish the hostess and place of meeting. Vice pres. Croso, 4606 SE 61st Portland. Ph. PR-1-5950.

WHERE MASSAGE HAS DONE THE APPARENTLY IMPOSSIBLE
A case history by Jess Williams R.M.

I would like to illustrate one of the miracles that can be wrought with the use of massage and related techniques. I would like to review the case of an elderly lady patient that comes to me for treatments. She has been coming for two years or better. She could go about two or three months without treatments then she had to have more. She is in her seventies and has had a colitis condition most of her life. She had rheumatic fever when she was 17 years old and has had a leaky heart ever since. The first time I listened to her heartbeat I was surprised she could still be among the living. About a year and a half ago she had a virus cold and they took her to the hospital and kept her there for a few weeks. She got weaker and weaker. Finally her Dr. sent her home, stating that he could do no more for her. As a last resort they brought her to me. She was so weak that she would have to stop and rest several times coming from the car to my treatment room. I started giving her light massages and as soon as I felt she could take them I gave her colonic irrigations. I gave her four or five treatments, then we went on our vacation and she wasn't in for treatments for 4 weeks. Then she started taking them again. Gradually she built up strength but it was several months before she could do any house work. For the most of last year she has been able to do the cooking for her husband, herself and her son and is able to do most of her light house work.

Fast Saturday, while she was taking a treatment we were discussing her condition of a year and a half ago and how much better she is now than then. She told me that when they sent her home from the hospital that the Dr. told her to get her affairs in order that he had done all that he could for her. He told her if she was alive in three weeks to come in to his office. That was when they brought her in to see me. I asked her if she ever went in to see him and she said she had not, but had seen him about 6 or 8 months ago on the street, and he was surprised and told her he had never expected to see her walking again after she left the hospital.

I gave her her first steam bath this week and she was able to take it with no bad reaction at all. When she first came to me I had to use three or four pillows under her head so that she could breathe. Now she uses the regulation small pillow. Her heart beat has lost that noise and is regular, her breathing is regular and she feels good most of the time. She plans to take at least one treatment a week this year. She traded me a building lot to assure that she can have treatments for herself and her husband this coming year.

Her whole family have expressed their gratitude to me for the help I have been able to give her.

INVITED TO IDAHO

Milton Niedfelt, 805 E. Denny, was invited to be a guest at the annual banquet of the Idaho State Chapter of the American Association of Masseurs and Masseuses, held Wednesday at Nampa, Idaho. Niedfelt a past president of the Washington State Chapter, enjoyed the trip though it was cold. "Mighty cold," he said, with a shiver.

This article appeared in the Capitol Hill Times, last week.

Blanche Williams, the person who has done your art work for the past year, broke her arm while riding a horse two weeks ago. It seems the horse threw her and she landed on the wrong end.

A LETTER FROM A MEMBER

At our January meeting, one of our members gave us a detailed description, how he protected himself, as much as possible, against accident or a chance to be accused of malpractice. He illustrated with a description of a very elderly man, in his eighties, who had once been a patient three or four years ago. The patient was brought in by his son to have one treatment that in the past treatments had done a lot of good so he wanted him to have another, the old gentleman was quite feeble, high blood pressure, pulse feeble and irregular, and evidence of not having a bath since last visit three years ago. Our member after making this examination, informed the son that he couldn't possibly take the father in this condition unless a licenced doctor would give him a prescription, that in the doctors opinion the old gentleman could take the treatment. This was very good strategy, and should be applied by any of our members, who are in doubt of a patients condition, no matter how much we would like to help suffering humanity, or how mercenary we may be. It is far better to turn away a patient who is doubtful, rather than loose reputation, and savings also. you will be respected in the end. The man with the Doctors title and degree is the man who is licenced and protected to handle those cases.

THOUGHT FOR THE DAY

Experience shows that success is due less to ability than to zeal. The winner is he who gives himself to his work, body and soul.

Charles Buxton

Notice

Once more I must ask that you send me no articles that have been sent to the National Masseuse or that you wish printed in the National paper. It is important that all material be sent to the proper editor.

Ruth Williams

Did You Know?

Did you know that the lack of articles is hampering the growth of your paper?

Did you know that the average author has written dozens of things that were never printed, yet they have kept on writing?

Did you know that one of our members has written ten articles for every one of his that has been printed?

Did you know he is not discouraged but still keeps plugging away?

Did you know that if this paper is not to fall flat on its face it must have your help?

Did you know that "YE OLD EDITOR" has a "DRAINED BRAIN"? And on top of that has gotta get her teeth all FULLED? Well, t'is true!

SINCE NATIONAL CONVENTION IS CLEAR ACROSS THE NATION THIS YEAR, WOULD YOU? WASHINGTON HOSTS LIKE TO INVITE CALIFORNIA AND UTAH CHAPTERS TO OUR TRI-STATE CONVENTION AT KENNEWICK, WN. THIS JUNE? WILL ALL INTERESTED PARTIES PLEASE FILL OUT THIS BALLET AND RETURN TO ME BY FEB.15,1957

YES

NO

REMARKS _____